

PDEA'S
Waghire College of Arts Commerce and Science,
Saswad, Tal-Purandar, Dist-Pune
(2022-23)

ONE DAY WORKSHOP
(Under DBT STAR scheme)

ON
'Mind Power and Stress Management'
(मनाची अमर्याद शक्ती व तणाव मुक्ती)
Tuesday, 17th January 2023

Guest speaker:

Dr. Datta Kohinkar
Mind power trainer and Author
Pune.

The department of Microbiology had organised One day Workshop on 'Mind Power and Stress Management' (मनाची अमर्याद शक्ती व तणाव मुक्ती) under the guidance of Principal Sir, Dr. Pandit Shelake for teachers, administration staff and students on Tuesday, 17th January 2023 from 10-00 am to 2.00 pm. Principal Dr. Rajshri Chavan, SGRS college of Pharmacy and their staff members were also invited for the program.

Guest speaker, Dr. Datta Kohinkar is a mind power trainer and an author. He write articles in various newspapers like Sakal, Lokmat, Pudhari, Punya-Nagari, Agrowan, Prabhat, Maharashtra Times. Television channels such as ABP Mazza, Zee 24 Tas, Sam Marathi, Dur-Darshan and Aakash Wani frequently organise his motivational speech. The book entitled 'Manachi Mashagat' written by him awarded a quality of 'Best Seller'. He was a director of 'Vipassana Dhan Kendra' for 14 years and a chairman of the same for 2 years. He was the trustee of 'Vishwa Shakti International Foundation'. He got an opportunity of getting training on Mind power and stress management from Mr. Sunil Parekh, a student of Jack Canfield, America. Over a period of last 28 years, he is busy as a trainer in number of workshops organised by various industries, institutes, colleges and schools. He has been honoured by different 85 awards and has a contribution in social work. Hon. Nitin Gadkari, Maharashtra Govt., honoured him by 'Mahatma Gandhi Vyasanmukti' award. He has been also awarded Neharu Yuva Prerana" award by Govt. of India. He is a doctorate of Vishwakarma Institute.

All teachers, administration staff members and students (total- 96) were present for this workshop. Honourable guest Dr. Datta Kohinkar inaugurated the function by 'Sarswati Poojan' Anchoring of the program was done by Mrs. Manasi Joshi. Principal Dr. Pandit Shelake welcomed the honourable guest. Smt. Hemlata Sonawane, Head, Microbiology delivered the introductory speech. Dr. Nita Patil gave introduction of the guest speaker. Ms. Vishakha Ganvir expressed vote of thanks.


Dr. Nita Patil


PRINCIPAL
Waghire College, Saswad,
Tal. Purandar, Dist. Pune.

या कार्यशाळेत प्रमुख वक्ते म्हणून माईड पॉवर ट्रेनर डॉ.दत्ता कोहिनकर यांनी 'मनाची अमर्याद शक्ती व तणाव मुक्ती' या विषयावर उपस्थितांना मार्गदर्शन केले. याप्रसंगी बोलताना माईड पॉवर ट्रेनर डॉ. दत्ता कोहिनकर म्हणाले, मन प्रमुख आहे. सारा निसर्ग संसार मानवी मनाचा खेळ आहे. हजार युद्ध जिंकण्यापेक्षा मनाचा एक युद्ध जिंकणारा योद्धा सर्वश्रेष्ठ असतो. त्यामुळे मनाला आपल्या ताब्यात ठेवण्यासाठी दहा दिवसाची विषयना करा व शरीरासाठी रोज व्यायाम करा. याप्रसंगी त्यांनी इपसीत ध्येय साध्य करण्यासाठी आकर्षणाचा सिद्धांत, स्वयं सूचनेचे महत्त्व, यासारख्या अनेक गोष्टींवर सविस्तर विवेचन करून प्रात्यक्षिके दाखवली व तणाव मुक्तीच्या टिप्स दिल्या. महाविद्यालयाचे प्राचार्य डॉ पंडित शेळके साहेब फार्मसी महाविद्यालयाचे प्राचार्य डॉ. राजश्री चव्हाण, उपप्राचार्य डॉ संपत जगदाळे, डॉ. सुभाष वाळूळ उपस्थित होते.

Notice for Students and Teachers:

13:38

WCS Senior only Notices
only admins can send messages

Dr Datta Kohinkar conducted Mind Power seminar for police officers and commandos.

I love My India

Dr. dattakohinkar

0:21

सूचना,
दि.16.01.2023
महाविद्यालयातील सर्व शिक्षक व शिक्षकेतर कर्मचारी यांना सूचित करण्यात येते कि, मंगळवार, दि.17.01.2023 या दिवशी सकाळी 10.00 ते दुपारी 2.00 या वेळेत आपण सूक्ष्मजीवशास्त्र विभागाच्या वतीने, 'DBT star' या योजनेअंतर्गत आपल्या सर्वांसाठी कार्यशाळा आयोजित करित आहोत.

विषय:- "मनाची अमर्याद शक्ति व तणाव मुक्ती".....
वक्ते:- डॉ. दत्ता कोहिनकर (माईड पॉवर ट्रेनर व लेखक)

आपल्या सर्वांची उपस्थिती प्रार्थनीय आहे.
सूक्ष्मजीवशास्त्र विभाग.....
प्राचार्य....

Message

13:43

MScII 22-23
Sonawane Madam, Vishakha, Wcs, Wcs...

सूचना,
दि.16.01.2023
महाविद्यालयातील सर्व शिक्षक व शिक्षकेतर कर्मचारी यांना सूचित करण्यात येते कि, मंगळवार, दि.17.01.2023 या दिवशी सकाळी 10.00 ते दुपारी 2.00 या वेळेत आपण सूक्ष्मजीवशास्त्र विभागाच्या वतीने, 'DBT star' या योजनेअंतर्गत आपल्या सर्वांसाठी कार्यशाळा आयोजित करित आहोत.

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आपल्या सर्वांची उपस्थिती प्रार्थनीय आहे.

Message

Dr. Nita Patil

PRINCIPAL
Waghire College, Saswad,
Tal. Purandar, Dist. Pune.



Pune District Education Association's

Estd. 1972

Waghire College of Arts, Commerce and Science

Saswad, Tal. Purandar, Dist. Pune, Pin-412301.

Affiliated to Savitribai Phule Pune University | Re-accredited at the 'B+' grade (CGPA 2.67) by NAAC

■ ID No. PU/PN/ASC/033-1972 ■ Pune University Code No. 112 ■ H.S.C. Code No. J11-12-002 ■ AISHE Code : C - 41716
■ Ph. : (02115) 222524 ■ Fax : (02115) 222472 ■ E-mail : wc_saswad@pdeapune.org ■ www.pdea-wcs.org

Outward No. : WCS/ 1090/22-23

Date : 16/1/2023

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Dy. Secretary
L. M. Pawar

Principal
Dr. Pandit Shelke

To,

Shri. Dr. Datta Kohinkar
Mind Power Trainer and Author,
Pune

Subject: Invitation as a Mind Power Trainer and Speaker.....

Dear Sir,

It is an immense pleasure to invite you as a Mind Power Trainer and Speaker in a Workshop entitled, "**Manachi Amaryad Shakti Ani Tanav Mukti**". It has been organised for students and teaching as well as nonteaching staff by Microbiology department of our college.

Your presence and guidance would be very useful for us to eliminate negative thinking, learn to work with thought forms and energy, increased health and vitality, clarity for solving any problem in one's life and become your best self.

As per our telephonic conversation, we have scheduled the lecture on **17th January 2023 from 10.00 am to 2.00 pm**. Hope it will be suitable for you.

We humbly request you to share your ID proof and first page of your bank passbook for further procedure.

Thanks and Regards,


PRINCIPAL
Waghire College, Saswad
Tal. Purandar, Dist. Pune.



Waghire College of Arts, Commerce and Science

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Outward No. : WCS / 111 (1)

Date : 17/1/2023

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Senate Member
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Adv. Mohanrao Deshmukh

Dy. Secretary
L. M. Pawar

Principal
Dr. Pandit Shelke

To,

Shri. Dr. Datta Kohinkar
Mind Power Trainer and Author,
Pune

Subject: Vote of thanks letter

Dear Sir,

I, on behalf of my staff members, students and Pune District Education Association would like to thank you for giving excellent presentation and demonstrations in the Workshop entitled, "Manachi Amaryad Shakti Ani Tanav Mukti", organised for students and teaching as well as nonteaching staff by Microbiology department of our college.

The easy and beautiful way of giving training by you, made this workshop very interesting, meaningful and vital.

Thanks and Regards,

PRINCIPAL
Waghire College, Saswad
Tal. Purandar, Dist. Pune

One day Workshop on

मनाची समर्थता इतली व तगाव मुक्ती

Attendance Sheet

17th January 2023

Sr.No.	Name of the person	Sign.	Sr.No.	Name of the person	Sign
1.	Hemlata V-Sonawane		25	Dr. Nita B. Patil	
2	Joshi M.M.		26	Smt. Chikane M.H.	
3	Borawake S.P.		27	smt. Jagtap M.M.	Jagtap
4	Pathan shahin A.		28	Smt. Shinde S.B.	
5	Ganvir vishakha N		29	Smt. Dhavale S.R.	
6	Kamthe Komal		30	Namrata Dhagare.	
7	Thopate Priti S		31	smt Nerse R.S	
8	Dr. B.S. Madhnikar		32	smt Sheekhane P.D.	
9	Dr. Shetal A. Kalhapure		33	smt Pawar R.N	
10	Dr. Vidya V. Patankar		34	Smt Zuarange P.K.	
11	Gajamal Komal M.		35	Dr. V.R. Punekar	
12	Smt. Raskar S.C.		36.	D. Dhakane R.B	
→	Smt. Shekar V.R.		37	Shri Jadhav R.M.	
14	Smt. Maske K.H	K.H. Maske	38	Dr. M.M. Jagtap	
15	Ms Ms V.V. Jagtap		39	प्रा. किरण गाढवे	
16	Ms. P.B. Khatate		40	प्रा. जगदीश कुंभार	
17	Mrs. M.G. Baravkar		41	श्री. श्रीकांत जगनाथ	
18	Ms S S Chavan		42	श्री. उरुख नवनाथ मधुदेव	
19	Dr. Vishal Pawase		43	श्री. दीप आर. डी	
20	Dr. Sanjay Jagade		44	श्री कदम सतिश मानंदराव	
21	Dr. Dattatray Sankar		45	Shundkar Nit.	
22	Dr. Lal A.S.		46.	Zuarange G.D.	
23	Shri. Bhosale A.B.		47	Kadbane A.S.	
24	Mr. Ronade S.C.		48	More Bhagyashri	
			49	Gaikwad Sanjivani Vaman	

Sr. No	Name of the person	Sign	Sr. No	Name of the Person	Sign
50.	Rane S.M.	<u>SMR</u>	73	Kumbhar Ankita Rajendra	<u>Ankita</u>
51.	Dipali P. Malusate	<u>Dipali</u>	74	Sonawane Aaditi Sachin	<u>Aaditi</u>
52.	Ab. Surika B. Kolate	Ab. Surika	75	Kumbharkar Sameer	<u>Sameer</u>
53	Jagdale Ashwini Sanjay	<u>AJ</u>	76.	Kumbhar Pratik.	<u>Pratik</u>
54	kumbhar sneha Laxman	<u>@Lkumbhar</u>	77	Bhongale samiksha	<u>Samiksha</u>
55	Pawar Vaishnavi Vitthal	<u>Vaishnavi</u>	78	S.D. Jagdale	<u>S.D. Jagdale</u>
56	Shina - S or	<u>Shina</u>	79	Dr. Nafte S.Y.	<u>Nafte</u>
57	Takawale Bhakti Pramod	<u>Btakawale</u>	80	Dr. B.V. Mane	<u>Mane</u>
58	Jagtap Sakshi Rajendra	<u>Jagtap</u>			
59	Mulani Atrox Rafik	<u>Mulani</u>			
60.	Shinde Sweetsy Ramesh	<u>Shinde</u>			
61	Bankar Karishma Dattatray	<u>Bankar</u>			
62	MS. Petkar P.A.	<u>Petkar</u>			
63	Priyanka Mahesh Mahamuni	<u>Priyanka</u>			
64	Jadav Shubham Sudam	<u>Jadav</u>			
65.	Nigade Sakshi Dhanaji	<u>Nigade</u>			
66.	Bhongale Vaishnavi Mahesh	<u>Bhongale</u>			
67	Yadav Omkar Arun	<u>Yadav</u>			
68	Raskar Mayuresh Nandkumar	<u>Raskar</u>			
69	Ankush Sampat Dhruv	<u>Ankush</u>			
64	Dr. B.L. Shinde	<u>Shinde</u>			
65	Badade Shubham Ravindra	<u>Badade</u>			
66	Gaikwad Tarun Vitthal	<u>Gaikwad</u>			
67	Prof. Kumbhar S.S.	<u>Kumbhar</u>			
68	Burhase Ramesh Keshav	<u>Burhase</u>			
69.	Prathmesh Pradip Hole	<u>Prathmesh</u>			
70	Shubham Satish Phere	<u>Shubham</u>			
71.	Palve Manoj Bhaywan	<u>Palve</u>			
72.	Unavane Saikhat Sachin	<u>Unavane</u>			

S.Y.B.Sc.

Guest lecture of

Dr. Datta Kobinkar Sir

17-1-2023

classmate

Date _____

Page _____

- 1) Gorud sayali sunil
- 2) Jagtap Nikita Bharat
3. Jagdale Vaishnavi Subhesh
4. Takawale Shiwari Vijay
- 5 Jagtap Dipti Govind
- 6 Pawar Mayuri Narayan.
- 7 Pawar Pradnya santosh.
- 8 Dhumal Anuja Ganpat.
- 9 Ghisre Gaytri Santosh
- 10 Magar Supriya Sampat.
- 11 katake sakshi Maruti
- 12 katake Vishakha Rajendra
- 13 Gaikwad Shreya shrikeushna
14. katake Ankita Santosh
- 15) kolhe Rutuja Vitthal
- 16) Bhandave Shankar Dipak

Bromed

@Bjagtap

Jagdale

Takawale

ipt

M.N.Pawar

Pawar

Adhul.

Ghisre

Magar

Katake

Katake

Gaikwad

Katake.

R.V.kolhe

Bhandave



DrDatta Kohinkar

Just now · 🌐

पुणे जिल्हा शिक्षण मंडळाच्या सासवड येथील वाघेरे महाविद्यालयात स्टाफ साठी माईड पॉवर ट्रेनर डॉ. दत्ता कोहिनकर यांची 'मनाची अमर्याद शक्ति व तणाव मुक्तीची कार्यशाळा' आयोजित करण्यात आली होती. प्राचार्य पंडित शेळके, प्राचार्य राजश्री चव्हाण यांची प्रमुख उपस्थिती होती. प्रोफेसर नीता पाटील, उपप्राचार्य जगदाळे साहेब, वावळ साहेब, सोनवणे मॅडम यांनी या कार्यशाळेसाठी विशेष पुढाकार घेतला होता..



(Handwritten signature)

PRINCIPAL

Vaghire College, Saswad,
Tal. Purandar, Dist. Pune.

(Handwritten signature)
Dr. Nita Patil

Voucher of Expenses

Pune District Education Association's

Waghire College Saswad

(Arts, Commerce & Science)

Date: 17.01.2023

Receipt No

Name- **Dr.Datta Kohinkar**

According to the Particulars I got the stated amount.

Head :- Lecture On "Manachi Amaryad Shakti Ani Tanav Mukti"

1. Remuneration for lecture 17.01.2023

Lecture Time 10.00am to 02.00,pm {4 hr}

{ Under DBT STAR College Scheme organised by Dept. of Microbiology }

Cheque No.

Qty	Rate/hr	Total
4	2500.00	10000.00

Total Rs. 10000.00

In Words: Ten Thousand Only.

Above Amount Paid & Receipt is Cancelled


Accountant


Principal

Waghire College, Saswad


Sign of Receiver



PUNE DISTRICT EDUCATION ASSOCIATION'S
**WAGHIRE COLLEGE OF ARTS, COMMERCE
AND SCIENCE, SASWAD**

Tal: Purandar Dist: Pune 412301
NAAC Reaccredited with B++ Grade



**Department of Microbiology
Organizes**

"One Day Workshop on Mind Power and Stress Management "
On 17th Jan 2023

CERTIFICATE

This is to certify that Mr. / Miss. /Mrs. Hemlata V. Sonawane ~~Student~~ has
actively participated in **One Day Workshop on 'Mind Power and Stress management'** organized by Department of
Microbiology, PDEA's Waghire College of Arts, Commerce and Science, Saswad on 17/01/ 2023.


Coordinator


Principal