

## NATIONAL EDUCATION POLICY 2020 : A ROLE OF PHYSICAL EDUCATION

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### ABSTRACT:

National Education Policy 2020 : Ministry of Education, Government of India has brought this policy. The new curriculum is designed in a such way that it will be useful for the student and all the people of society. Along with education, physical education has also been given more importance in this curriculum. Based on WHO, UNESCO and many expert, physical activity is important and physical education curriculum has revised. The main purpose of NEP 2020 is that nation students and peoples of the society physically and mentally healthy and it should be overcome various difficulties.

**Keywords :** *WHO, UNESCO, Physical Education, health, Mental health, Intramural, Khelo India*

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### INTRODUCTION:

In the 21st century there is a global requirement of Physical and Mental Fitness for all stakeholders. In the modern world as well as for the development of nation, physical and mental efficiency of people is very important. According to World Health Organization (WHO 2014) and United Nations Educational, Scientific and Cultural Organization (UNESCO 2015), children, student as well as people in the society need physical ability, skills, similarly mental ability is needed to overcome various difficulties.

The Ministry of Education, Government of India, New Delhi has prepared the education policy and prepared the new National Education Policy 2020 (NEP 2020) on syllabus. According to NEP 2020 Physical Education has been made compulsory at primary,

secondary as well as college and universities. NAPES is professional organization in existence and has been working in Physical Education and Sports since 1990. NAPES also organized “National Education Policy 2020” seminar held at 15 to 18 September 2020, the importance and scope of Physical Education and sports in NEP. The seminar also focused on how Physical Education can be done at school, college and university level.

### **OBJECTIVES:**

1. To study physical fitness and ability.
2. To discuss the importance of physical education in NEP 2020 .
3. To review the National Education Policy 2020 for the diversity of opportunity .
4. To point out features of National Education Policy 2020.
5. To analyse value of Physical Education value in National Education Policy 2020.
6. To study for good health.
7. To specify moral value, ethical behavior and decision making ability.
8. To state basic skill and accept the challenges in future.
9. A study to promote personal accountability and performance appraisal

### **Higher education**

1. To create quality and looking a new vision in college and universities of India.
2. To promote human as well as social will in India.
3. To develop quality of higher education, good thinking and creative individual in 21th century.
4. To inculcate moral character, constitutional value, distinctive character, intellectual curiosity development and creativity, sense of service.
5. To increase capacity in various subject like social knowledge, science, arts, professional knowledge and technology

### **RESEARCH METHODOLOGY**

The researcher is using data analysis and interpretive explanatory and descriptive mode of research methodology for the present study. The researcher will use secondary resource reference book article and publication of national educational policy on website

### **Analysis of Research Data :**