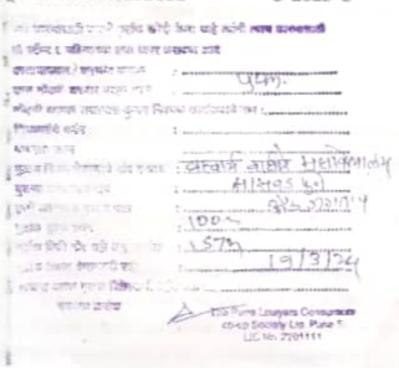
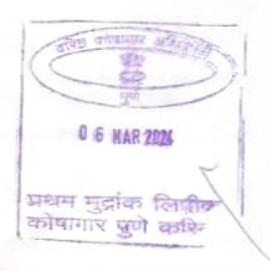


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MEMORANDUM OF UNDERSTANDING (MOU)



BETWEEN

WAGHIRE COLLEGE OF ARTS, COMMERCE AND SCIENCE, SASWAD

&

4 C's COUNSELING CENTRE, PUNE

FOR

MENTAL HEALTH WORKSHOP, CAREER GUIDANCE, COUNSELLING TRAINING. RELATIONSHIP MANAGEMENT WORKSHOP, AND STUDENTS COUNSELLING.



MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (here in after called as the 'MOU') is entered into on this the 6th day of March -Two Thousand and Twenty Four (06.03.2024), by and between WAGHIRE COLLEGE OF ARTS, COMMERCE AND SCIENCE, A/P- Saswad, Tal-Purandar, Dist-Pune 412301, the First Party represented herein by its PRINCIPAL DR. PANDIT SHELKE (herein after referred as 'First Party', the institution which expression, unless excluded by or repugnant to the subject or context shall include its successors - in-office, administrators and assigns).

AND

4 C's COUNSELING CENTRE, PUNE the second Party, and represented herein by its FOUNDER AND CO- CONVENER DR. SAGAR PATHAK (herein after referred to as "Second Party", a charitable trust which expression, unless excluded by or repugnant to the subject or context shall include its successors - in-office, administrators and assigns).

(First Party and Second Party are hereinafter jointly referred to as 'Parties' and individually as 'Party') as

WHEREAS:

- A) First Party is a Higher Educational Institution named:
- (i) WAGHIRE COLLEGE OF ARTS, COMMERCE AND SCIENCE, SASWAD
- B) First Party & Second Party believe that collaboration and co-operation between themselves will promote more effective use of each of their resources, and provide each of them with enhanced opportunities.
- C) The Parties intend to cooperate and focus their efforts on cooperation within area of Skill Based Training, Education, career guidance and students counseling.
- D) Both Parties, being legal entities in themselves desire to sign this MOU for advancing their mutual interests.
- E) 4C's Counseling Centre the Second Party is engaged in Counselling activity, in Pune District area as well as all over in Maharashtra and India and also on international level. 4C's Counseling Centre's focus evolved out of Likeminded counselors willing to work in the field of counseling with dedication and commitment are members of this group. This organization deals with counseling of individuals in various fields like - Post-Marriage Counseling, Sexuality and sexual issues in relationships, Sexual counseling, Fluid and different sexualities, Gender equality and discrimination issues, Counseling of Victims of marital, sexual violence, Child counseling, Geriatric counseling, Psychological Counseling

- 4 Cs Counseling Centre primary belief is that people can resolve their own problems collectively with some amount of external support; thus rather than create dependence on itself, 4 C's Counseling Centre focused on strengthening people's perspectives on mental health, equality, counselling and social justice.
- F) 4 C's Counseling Centre Suyash Hospital, Behind, Kothrud Bus Stand Rd, Londhe Wada, Chaitanya Nagar, Kothrud, Pune, Maharashtra 411038, (phone): 8600148450 (website): www.drsagarpathak.com/4cs.php

NOW THEREFORE, IN CONSIDERATION OF THE MUTUAL PROMISES SET FORTHIN THIS MOU, THE PARTIES HERE TO AGREE AS FOLLOWS:

CLAUSE 1:

CO-OPERATION

- 1.1 Both Parties are united by common interests and objectives, and they shall establish channels of communication and co-operation that will promote and advance their respective operations within the Institution and its related wings. The Parties shall keep each other informed of potential opportunities and shall share all information that may be relevant to secure additional opportunities for one another.
- 1.2 First Party and Second Party co-operation will facilitate effective utilization of the intellectual capabilities of the faculty of First Party providing significant inputs to them in developing suitable teaching / training systems, keeping in mind the needs of the each other.
- 1.3 The general terms of co-operation shall be governed by this MOU. The Parties shall cooperate with each other and shall, as promptly as is reasonably practical, enter into all relevant agreements, deeds and documents (the 'Definitive Documents') as may be required to give effect to the actions contemplated in terms of this MOU. The term of Definitive Documents shall be mutually decided between the Parties. Along with the Definitive Documents, this MOU shall represent the entire understanding as to the subject matter hereof and shall supersede any prior understanding between the Parties on the subject matter hereof,

CLAUSE 2:

SCOPE OF THE MOU

- 2.1 Both parties believe that close co-operation between the two would be of major benefit to the student community to enhance their skills and knowledge.
- 2.2 Training & Visits :- 4 C's Counseling Centre and Institution interaction will give an insight in to the latest development of students skill and knowledge; the second Party to permit the Faculty and students of the First Party to visit its office place for getting help which is possible for second party and also involve in

Training program for First Party. 4 C's Counseling Centre training and exposure provided to students and faculty through this association will build confidence, personality development and prepare the students to face challenges of daily life, career counseling, and also provide the skill and knowledge for contribution in development of society on basis of equality and social justice.

- 2.3 Skill Development Programs: Second Party to train the students of First Party on Peer counseling skill, career guidance and personality developments.
- 2.4 Guest Lectures: Second Party to extend the necessary support to deliver guest lectures to the students of the First Party on Stress management, mental health, Peer counseling, Nonviolence, Democracy, Gender, Equality and also on topics related to youth issues.
- 2.5 Faculty Development Programs: Second Party to provide training to the Faculties of First Party for imparting training to enhance capacity of faculty and also for making teaching learning process effective and happy, if available.
- 2.6 Both Parties to obtain all internal approvals, consents, and permissions, of whatsoever nature required for organize program and training on the terms specified herein as per their term and condition.
- 2.7 There is no financial commitment on the part of the WAGHIRE COLLEGE OF ARTS, COMMERCE AND SCIENCE, SASWAD, and the First Party to take up any programme mentioned in the MOU. If there is any financial consideration, it will be dealt separately.

CLAUSE 3:

INTELLECTUAL PROPERTY

3.1 Nothing contained in this MOU shall, by express grant, implication, Estoppels or otherwise, create in either Party any right, title, interest, or license in or to the intellectual property (including but not limited to know-how, inventions, patents, copy rights and designs) of the other Party.

CLAUSE 4:

VALIDITY, CONFIDENTIALITY & AMENDMENTS

4.1 DURATION

This MoU shall remain in effect for three years from the date of signing i.e. 05th March 2027 and may be renewed upon mutual agreement of both parties. Either party may terminate this MoU with a written notice of 30 days. In the event of termination, both parties agree to fulfill any outstanding commitments prior to the termination date.

4.2 CONFIDENTIALITY

Both parties agree to maintain the confidentiality of any sensitive information shared during the course of the workshops and counseling sessions, in accordance with applicable laws and ethical standards.

4.3 AMENDMENTS

This MoU may be amended or modified only through the written consent of both parties.

CLAUSE 5:

RELATIONSHIP BETWEEN THE PARTIES

5.1 It is expressly agreed that First Party and Second Party are acting under this MOU as independent contractors, and the relationship established under this MOU shall not be construed as a partnership. Neither Party is authorized to use the other Party's name in any way, to make any representations or create any obligation or liability, expressed or implied, on behalf of the other Party, without the prior written consent of the other Party. Neither Party shall have, nor represent itself as having, any authority under the terms of this MOU to make agreements of any kind in the name of or binding upon the other Party, to pledge the other Party's credit, or to extend credit on behalf of the other Party.

First Party Second Party.

Any divergence or difference derived from the interpretation or application of the MOU shall be resolved by arbitration between the parties as per the Arbitration Act, 1996. The place of the arbitration shall be at District Head Quarters of the First Party. This undertaking is to be construed in accordance with Indian Law with exclusive jurisdiction in the Courts of

AGREED:

For For 4 C'S COUNSELING CENTRE ARTS. COLLEGE OF WAGHIRE SUYASH HOSPITAL, BEHIND, KOTHRUD COMMERCE AND SCIENCE, SASWAD, STAND RD. PURANDAR, PUNE - 412301 LONDHE WADA, CHAITANYA NAGAR, KOTHRUD, PUNE, MAHARASHTRA 411038 mmiles Authorized SRANGIRALump Waghire College, Saswed Tal, Purandar, Dist. Pune. Authorized Signatory & Start

Details of	First Party	Second Party	
Name	Dr. Pandit Shelke Principal, Waghire College of Arts, Commerce and Science College, Saswad, Purandar, Dist- Pune. 412301	Dr. SAGAR PATHAK Founder and Co- Convener 4 C's Counseling Centre Suyash Hospital, Behind, Kothrud Bus Stand Rd, Londhe Wada, Chaitanya Nagar, Kothrud, Pune, Maharashtra 411038	
Dist-Pune 412301 Suyash Hospital, Bel		4 C's Counseling Centre Suyash Hospital, Behind, Kothrud Bus Stand LondheWada,ChaitanyaNagar,Kothrud,Pune, Maharashtra 411038	
Contact Details	Landline 02115 22524	Mobile: 8600148450	
E-mails	we saswad@pdeapune.org	info@drsagarpathak.com	
Web	www.pdea-wcs.org	www.drsagarpathak.com/4cs.php	
Witness 1: Prof. Mr. Sunil A. Shinde Head, Dept. of Psychology Waghire College, Saswad		Reshma Tanaji kelgane Naubharat Society warje Witness 3: malwadi Pune (Rkelgane	
Witness 2: Prof. Mr. Vikram Shishupal Assistant Professor, Dept. of Psychology Waghire College, Saswad		Nayana M. Rajput Witness 4: - Guru Uttam Soc. Kathrud Pune N. M. Rajput	

PDEA'S वाघीरे महाविद्यालय सासवड

मानसशास्त्र विभाग

जागतिक मानसिक आरोग्य दिनानिमित्त आयोजित ३ दिवसीय कार्यक्रम

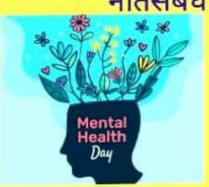
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नातेसंबंध " डॉ. सागर पाठक

प्रदर्शन"



कार्यक्रम वेळ सकाळी ९:०० स्थळ: वाघीरे महाविद्यालय सासवड ११ ऑक्टोंबर मानसञास्त्रीय चाचण्या

मानसशास्त्र विभागप्रमुख

प्राचार्य

Dr. Sagar Pathak and Team Founder and Director 4 C's Counselling Center Pune.

Subject:- Invitation as a Resource Person for guest lecture on "maintaining healthy Relationship" on 10th October 2023.

Respected Sir,

We are pleased to inform you that Psychology Department of Waghire College Saswad, organizing the program the occasion of "World Mental Health Day" to provide an opportunity to our students to understand about how students mental health is important

As you have the outstanding knowledge and tremendous experience in this field, we would like to invite you to deliver a lecture to our college students on the topic "maintaining healthy Relationship" on 10th October, 2023 at 10:30 am in our college. You are requested to send your acknowledgement at earliest. Kindly accept our invitation and grace the program.

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PDEA'S

Waghire College of Arts, science and commerce, saswad

Tal- Purandar, Dist-Pune

DEPARTMENT OF PSYCHOLOGY

10th October World Mental Health Day 3 Day's Program Report

Poster Exhibition Report

The Poster Exhibition on Mental Health took place on 9th October 2023 at Waghire College saswad, providing a platform to raise awareness and promote dialogue about mental health-related issues. The event aimed to engage attendees in meaningful conversations and destigmatize mental health concerns through visual communication.

Exhibition Highlights:

- 1.Diverse Topics Represented: The exhibition showcased a wide range of posters addressing various aspects of mental health, including anxiety, depression, stress management, and the importance of seeking help. Each poster visually conveyed important messages to resonate with diverse audiences.
- 2.Artistic Expression and Creativity: Artists and contributors demonstrated creativity in representing mental health concepts through visually striking and thought-provoking artwork. The use of colors, symbols, and metaphors added depth to the messages, making the exhibition accessible and engaging.
- 3.Interactive Elements: Some posters featured interactive elements, encouraging attendees to share their thoughts or experiences. This fostered a sense of community and encouraged open discussions about mental health challenges.

4.Resource Information:

The exhibition also included informational posters providing resources for mental health support services, helplines, and organizations. This practical information aimed to empower attendees to seek assistance or support if needed.

The Poster Exhibition on Mental Health successfully achieved its objectives by providing a visually compelling platform for raising awareness and fostering dialogue. The combination of artistic expression, informative content and expert insights contributed to a well-rounded and impactful event.

DEPARTMENT OF ESYCHOLOGY









HEAD

DEPARTMENT OF PSYCHOLOGY

WAGHIRE COLLEGE, SASWAD

HOD

Department of Psychology

PRINCIPAL Waghire College, Saswad, Tal, Purandar, Dist. Pune.

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PDEA'S

Waghire College of Arts, science and commerce, saswad

Tal- Purandar, Dist- Punc

DEPARTMENT OF PSYCHOLOGY

10th October World Mental Health Day 3 Day's Program Report

Workshop Report 10th October 2023

On October 10th, a workshop on maintaining healthy relationships was conducted for students at Waghire College Saswad. Dr. Sagar Pathak, a renowned speaker, led the session, focusing on essential skills for fostering positive interpersonal connections.

Session Highlights:

1.Communication Skills:

The workshop began with an emphasis on effective communication as the foundation of a healthy relationship. Participants engaged in interactive activities and role-playing exercises to enhance their verbal and non-verbal communication skills.

2.Conflict Resolution:

A significant portion of the workshop was dedicated to understanding and managing conflicts in relationships. Techniques for constructive dialogue, active listening, and collaborative problem-solving were explored. Case studies were presented to illustrate successful conflict resolution strategies.

3.Building Trust:

Trust-building exercises were incorporated to underscore its pivotal role in any relationship. Participants learned about transparency, reliability, and accountability as key elements in establishing and maintaining trust over time.

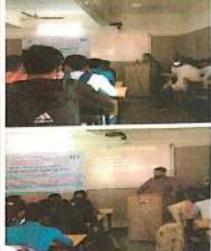
4.Empathy and Understanding:

The importance of empathy in relationships was discussed, emphasizing the ability to understand and appreciate others' perspectives. Practical exercises allowed participants to develop their empathetic skills and recognize the impact on relationship dynamics.

5.Self-Care and Boundaries: The workshop addressed the significance of self-care and the establishment of healthy boundaries. Participants learned to balance personal and professional commitments while ensuring their well-being. Strategies for setting and communicating boundaries were explored.

DEPARTMENT OF PSYCHOLOGY WAGHIRE COLLEGE, SASWAD











Saswad, Maharashtra, India 923G+VC5, Swarne Nagerl, Saswad, Maharashtra 412301, India Let 18,354807*

Department of Psychology

HEAD DEPARTMENT OF PSYCHOLOGY WAGHIRE COLLEGE, SASWAD PRINCIPAL

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Waghire College of Arts, science and commerce, saswad

Tol- Purandur, Dist- Pune

DEPARTMENT OF PSYCHOLOGY

10th October World Mental Health Day 3 Day's Program Report

Psychological Testing Report

The Psychological Testing Workshop took place on 11th October at Waghire College of Arts Commerce And Science Saswad Psychology Department, providing participants with a comprehensive understanding of psychological testing methodologies and their applications. The workshop aimed to equip attendees, including psychologists, counselors, and students, with practical knowledge and skills related to psychological assessments.

The workshop commenced with an overview of the fundamentals of psychological testing, covering its purpose, types, and ethical considerations. Emphasis was placed on the importance of accurate and unbiased assessments. Participants were introduced to a range of commonly used psychological tests, including personality assessments, intelligence tests, and aptitude measures. Practical demonstrations and case studies were incorporated to enhance comprehension. Detailed sessions were conducted on the proper administration and scoring of psychological tests. Participants had hands-on experience with various testing tools, ensuring a practical understanding of the process.

The Psychological Testing Workshop provided a valuable platform for participants to enhance their understanding and skills in psychological assessments.

DEPARTMENT OF PSYCHOLOGY WAGHIRE COLLEGE, SASWAD

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Department of Psychology

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Department of Psychology

PRINCIPAL Waghire College, Saswad, Tal. Purandar, Dist. Pune.

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