

( पुरारतामा	
*-	2 2 3 AR 20
T	चप कोषागार आ पुरंदर (सासव
वाधीरे कॉर्नेल्सा	संबर्
स्निन आग हो	9
9001-	
999 & woods	2
Blode.	
50 Trai-	0
	वाधीर कॉलेल्सा सन्न आग हो

<sup>ा</sup> आरणासाठी ज्यांनी मुद्राक सारेवी केला त्यांनी त्याच श्रारणास्त्री गुता हाते शहरतास \*=== तरा जो कालकारक आध



## MEMORANDUM OF UNDERSTANDING (MoU)



#### BETWEEN

WAGHIRE COLLEGE OF ARTS, COMMERCE AND SCIENCE, SASWAD

82

MAHILA SARVANGEEN UTKARSH MANDAL (MASUM) PUNE, MAHARASHTRA

#### FOR

SKILL DEVELOPMENT PROGRAM, CAREER GUIDANCE, PEER COUNSELLING TRAINING, MENTAL HEALTH WORKSHOP, AND STUDENTS COUNSELLING.

#### MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (here in after called as the 'MOU') is entered into on this the 7°day of April –Two Thousand and Twenty two (07.04.2022), by and between WAGHIRE COLLEGE OF ARTS, COMMERCE AND SCIENCE, A/P- Saswad, Tal-Purandar, Dist-Pune 412301, the First Party represented herein by its PRINCIPAL DR. SUSHAMA BHOSALE (herein after referred as 'First Party', the institution which expression, unless excluded by or repugnant to the subject or context shall include its successors – in-office, administrators and assigns).

#### AND

MAHILA SARVANGEEN UTKARSH MANDAL (MASUM) PUNE, MAHARASHTRA the second

Party, and represented herein by its FOUNDER AND CO-CONVENER DR. RAMESH AWASTHI

(herein after referred to as "Second Party", NGO which expression, unless excluded by or repugnant to the subject or context shall include its successors — in-office, administrators and assigns).

(First Party 19 ( and individually as 'Party') as

external support; thus rather than create dependence on uself. MASUM formed on strengthening people's

Blace

MAHILA SARVANGEEN UTKARSH MANDAL (MA(MASUM) the Second Party is promoted by F) MAHILA SARVANGEEN UTKARSH MANDAL

HADPSAR, PUNE, 411028 (Ph.) - 020- 26995625/33 (web-SUND 42, KUBERA VIIIAR, GADITAL, site) www.masum-india.org.in

THIS MOU, THE PARTIES HERE TO AGREE AS FOL. MUTUAL PROMISES SET FORTHIN LOWS: NOW THEREFORE, IN CONSIDERATION OF THE

# CLAUSET

1.1 Both Parties are united by common interests and obje. CO-OPERATIO

communication and co-operation that will promote and adotives, and they shall establish channels of Institution and its related wings. The Parties shall keep each place their respective operations within the

2 First Party and Second Party co-operation will facilit shall share all information that may be relevant to secure adds that informed of potential opportunities and 1.2. First, Party and Secund Party co-coeration will facility had opportunities for one another.

capabilities of the faculty of Fust Party providing significant take effective automore of the intellectual maning systems, keeping in mind the needs of the each other was to them in developing suitable teaching

metter hereof and shall supersede any prior understanding between the Parties on the subject matter hereof. Along with the Definitive Documents, this MOU shall represed the entire understanding as to the subject terms of this MOU. The term of Definitive Documents shall documents (the 'Definitive Documents') as may be required a each other and shall, as promptly as is reasonably practical, and MOU. The Parties shall cooperate with 1.3 The general terms of co-operation shall be governed by

give effect to the actions contemplated in er into all relevant agreements, deeds and

CLAUSE 2

# SCOPE OF THE MOI

constrainty to enhance their skills and knowledge. 2.1 Both parties believe that close co-operation between the two

would be of major benefit to the student

the skill and knowledge for enumbation in development of societ life, career counseling, and also provide development and prepare the students to face challenges of daily atten will build confidence, personality exposure provided to students and faculty through this assoc for First Party. MASUM's training and possible for second party and also involve in Training program. 2.2 Training & Visits:MAHILA SARVANGEEN UTKARS
interaction will give an insight in to the latest development of H MANDAL (MASUM) and institution Party to permit the Faculty and students of the First Party to visi students skill and knowledge; the second ly on basis of equality and social justice. t its office place for getting help which is

- 2.3 Skill Development Programs; Second Party to train the students of First Party on Peer counseling skill, career guidance and personality developments.
- 2.4 Guest Lectures: Second Party to extend the necessary support to deliver guest lectures to the students of the First Party on Stress management, mental health, Peer counseling, Nonviolence, Democracy, Gender, Equality and also on topics related to youth issues.
- 2.5 Faculty Development Programs: Second Party to provide training to the Faculties of First Party for imparting training to enhance capacity of faculty and also for making teaching learning process effective and happy, if available.
- 2.6 Both Parties to obtain all internal approvals, consents, and permissions, of whatsoever nature required for organize program and training on the terms specified herein as per their term and condition.
- 2.7 There is no financial commitment on the part of the WAGHIRE COLLEGE OF ARTS, COMMERCE AND SCIENCE, SASWAD, and the First Party to take up any programme mentioned in the MOU. If there is any financial consideration, it will be dealt separately.

#### CLAUSE 3 INTELLECTUAL PROPERTY

3.1 Nothing contained in this MOU shall, by express grant, implication, Estoppels or otherwise, create in either Party any right, title, interest, or license in or to the intellectual property (including but not limited to know-how, inventions, patents, copy rights and designs) of the other Party.

#### CLAUSE 4 VALIDITY

- 4.1 This Agreement will be valid until it is expressly terminated by either Party on mutually agreed terms. MASUM's training and exposure provided to students and faculty through this association will build confidence, personality development and prepare the students to face daily life challenges, career counseling, and also provide the skill and knowledge for self-development as well as for student's contribution in creating society on basis of equality and social justice. MAHILA SARVANGEEN UTKARSH MANDAL (MASUM) the Second Party, as the case may be, will take effective steps for implementation of this MOU. Any act on the part of MAHILA SARVANGEEN UTKARSH MANDAL (MASUM), the Second Party after termination of this Agreement by way of communication, correspondence etc., shall not be construed as an extension of this MOU.
- 4.2 Both Parties may terminate this MOU upon 30 calendar days' notice in writing. In the event of Termination, both parties have to discharge their obligations

#### CLAUSE 5 RELATIONSHIP BETWEEN THE PARTIES

5.1 It is expressly agreed that First Party and Second Party are acting under this MOU as independent contractors, and the relationship established under this MOU shall not be construed as a partnership.

Neither Party is authorized to use the other Party's name in any way, to make any representations or create any obligation or liability, expressed or implied, on behalf of the other Party, without the prior written terms of this MOU to make agreements of any kind in the name of or binding upon the other Party, to pledge the other Party's credit, or to extend credit on behalf of the other Party.

#### First Party Second Party

Any divergence or difference derived from the interpretation or application of the MOU shall be resolved by arbitration between the parties as per the Arbitration Act, 1996. The place of the arbitration shall be at District Head Quarters of the First Party. This undertaking is to be construed in accordance with Indian Law with exclusive jurisdiction in the Courts of

#### AGREED:

For WAGHIRE COLLEGE OF ARTS, COMMERCE AND SCIENCE, SASWAD, PURANDAR, PUNE - 412301

Authorized Signatory & Stamp

Schools

For

MAHILA SARVANGEEN UTKARSH MANDAL (MASUM) PUNE, MAHARASHTRA

REAWastli

Authorized Signatory & Stamp

Details of	First Party	Second Party	
Name	Dr. Sushama Bhosale Principal, Waghire College of Arts, Commerce and Science College, Saswad, Purandar, Dist- Pune. 412301	Dr. Ramesh Awasthi Founder and Co- Convener Mahila Sarvangeen Utkarsh Mandal (MASUM) Pune, 411028 Maharashtra  Mahila Sarvangeen Utkarsh Mandal (MASUM) Pune, 411028 Maharashtra 42, Kubera vihar, Gadital, Hadapsar. Pune- 411028	
Address	A/p- Saswad, Tal-Purandar, (M Dist-Pune 412301		
Contact Details	Landline 02115 22524	Landline 020- 269956/33	
E-mails	we saswad@pdeapune.org	masum.puneindia@gmail.com	
Web	www.pdea-wcs.org ww	www.masum-india.org.in	

#### P.D.E.A's

# Waghire College of Arts, Commerce and Science, Saswad Peer counselling workshop Report under MOU MASUM Date- 30April & 01 May 2022

Waghire College Saswad from last four years organise residential Peer counselling workshop for Psychology student. This workshop is under MOU activity between Mahilasarvangeen Utkarsh Mandal (MASUM) and Waghire College Saswad.

This year 32 students Participated in the workshop at Kasturba Gandhi Asharam Saswad, Pune. Objectives this workshop is to develop counselling skills among Psychology student which will help to needy student to come out from their stress.

Following topics was including in the 2 days training of peers

- 1. How to identify person in a stress/distress.
- 2. How to break ice and how to speak with the person.
- 3. How to plan and execute speak out session.
- 4. Counselling skills for peer counsellors.
- 5. Warning factors, defensive factors of self-harm and suicide.
- 6. Anxiety, Grief, trauma, worries meaning.
- 7. What is the tendency of self-harm and how to identify it?
- 8. Mindfulness
- 9. Suicide Prevention techniques
- 10. Psychological Disorder

After getting this training students become able to counselling their peers, and is it really beneficial workshop.

# वेळापत्रक पियर कौन्सिलिंग ट्रेनिंग

### ठिकाण – कस्तुरबा गांधी राष्ट्रीय स्मारक ट्रस्ट , सासवड

### वयोगट - १८ ते २०

अ.क्र	दिनांक	वेळ	विषय	उद्देश	साधनव्यक्ती
٤)	३०एप्रिल२०२२	१०.०० ते १०.१५	स्वागत आणि	पियर कौन्सिलिंग बद्दल थोडक्यात	अभिजीत
			प्रस्ताविक	ओळख	
२)		१०.१५ ते१० ४५	ओळख खेळ	ओळख करून देणे, ओळख करून घेणे	योगेश
		१०.४५ ते ११	मेडिटेशन	·	
₹)		११. ०० ते ११.३०	ओळख पियर	पियर कौन्सिलरची भूमीका काय	कावेरी
			कौन्सिलरची	असणार आहे हे युवांनी समजून घेणे.	
8)		११.३० ते ११.४५	चहा ब्रेक		
५)		११.४५ ते ०१.१५	स्व-सक्षमीकरण	स्वत:मधील चांगल्या गोष्टीओळखणे	वैशाली
٤)		०१.१५ ते २.००	जेवण		
૭)		२.०० ते ३.३०	मानसिक आरोग्य	मानसिक आरोग्य म्हणजे काय? व	कावेरी , अभिजित
				मानसिक आजाराची लक्षणे काय आहेत	
				हे समजून घेणे.	
८)		३.३० ते ३.४५	चहा		

९)		३.४५ ते ५.१५	ताणतणावाचे	ताणतणावाची कारणे, उपाय, परिणाम	योगेश
			व्यवस्थापन	समजून घेऊन ताणतणावाचे	
				व्यवस्थापनकसे करावे समजेल.	
१०)	१ मे २०२२	६.०० ते ७.००	व्यायाम		योगेश , अभिजित
११)		८.३० ते ९	नाश्ता		
<b>१२)</b>		९ ते ९.१५	मेडिटेशन	एकाग्रता वाढण्यास मदत होईल .	योगेश
<b>१३)</b>			आत्महत्या	आत्महत्येचे विचार मनात का येतात व	संगीता देवकर
		९. १५ ते ११. ३०	( कारणे, लक्षणे	आत्महत्या करणाऱ्या व्यक्तिमधील	
		** / ( " / / * /	,प्रतिबंध )	लक्षणे ओळखणे,आत्महत्येची कारणे	
				समजून घेणे, व्यक्तीने आत्महत्या करू	
				नये यासाठी प्रतिबंध करणे	
१४)		११.३० ते ११.४५	चहा ब्रेक		
१५)		११.४५ ते	कौन्सिलिंग स्किल व	कौन्सिलिंग करण्यासाठी कोणती	किशोरी ताकवले
		१.१५	नीतीमूल्य	कौशल्य अवशक्य आहेत व कुठली	
		7 . 7 /		नीतीमूल्य गरजेची आहेत ते समजून	
				घेणे.	
१७)		०१.१५ ते २.००	जेवण		
१८)		२.०० ते ३	कौन्सिलिंग		वैशाली
			(प्रात्यक्षित )		
१९)		३ ते ४	समारोप		अभिजित

#### Representative Photos of the Peer Cancelling Training





